



NEWSLETTER

December 2016

Want to know the perfect gift for every teen? A growth mindset. And you, no matter your role in their life, can provide them with that gift. A growth mindset is one that realizes you can always grow, learn, and develop versus a fixed mindset that believes we are who we are and we won't change or learn much. A growth mindset is inexpensive, in-stock, never goes out-of-style, and is the gift that keeps on giving. A growth mindset is not only the perfect teen gift but one of several attributes that will stay with them their whole life. The growth mindset gift is so easy and accessible – in fact you already have everything you need! Here are just a few things you can start doing today:

- Acknowledge and embrace imperfections. Make it ok, and even great to make mistakes because it is in mistakes we learn.
 - Replace the word failing with the learning, and when the idea is expressed that one can't do something add the word yet.
- Happy holidays, be safe, and work on that growth mindset!

An Evening Through the Decades

An Experience to remember...sock hops and diners, war protests and the Beatles, disco balls and 8-tracks, and E.T. and the Knight Rider.

Guests enjoyed walking through time in stage sets built by students from ACEA, Dow High, Midland High, and Bullock Creek High; and dancing to era music provided by The Doo Wop DJs.

Fourteen of Midland's finest restaurants and shops provided guests with flawless savories, snacks, and desserts.

Over 150 guests attended and the ~\$5,000 raised will go to support the great teen programs provided by The ROCK.

Guest appearances were made by Prince, Gene Simmons, Gilligan and Maryanne, Doc Brown, ZZ Top, Inspector Clouseau, Lonnie Anderson, and even Donald Trump.

IT'S YOUR MOVE JEFFERSON MS TAKES THE LEAD!

Support YOUR after school program— Even if you don't have kids in the program.

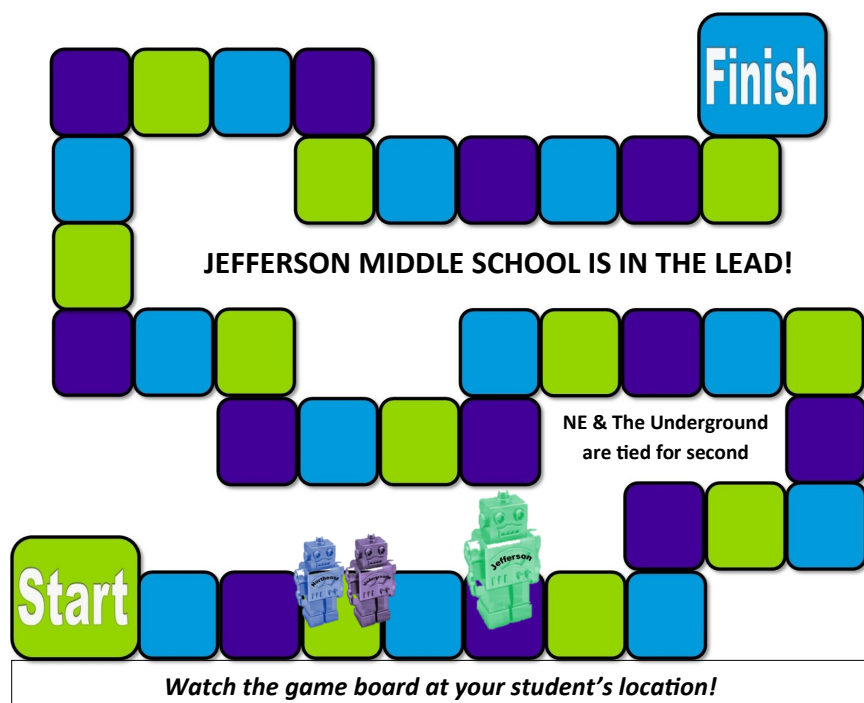
The ROCK Center for Youth Development has kicked off your Grounded Program Fundraiser & It's YOUR Move!

The game is on! This fundraiser is a competition between our three locations: Northeast Middle School, Jefferson Middle School and The ROCK Underground at GMCC. Each month, during the school year The ROCK will announce a different fundraiser and the Grounded location with the most participants or \$\$\$ raised each month will receive an afternoon of free cotton candy, sno-cones or popcorn – the location's choice!

Watch the game board in the monthly newsletter to see how your location is doing! The ROCK Grounded program has seen incredible growth in the past 2 years and we need you to financially help keep it going. We've come up with some fun, easy ways for you to help and it's YOUR move!

DECEMBER – SCRIP: What is Scrip Fundraising? Scrip is fundraising while you shop. Here's how it works: you buy a scrip gift card through The ROCK's Scrip program. You pay the full face value, but The ROCK will earn an immediate rebate percentage that's typically between 3% and 15% depending on the retailer. Then you use that gift card on normal purchases or give as gifts! You're not spending extra money, and there's no selling involved— you're just earning for The ROCK. The location with the most Scrip orders by Dec. 9th (Cards back by the 15th) wins "It's YOUR Move" for the month of December. (See a staff member at the program for scrip order forms)

JANUARY – PENNY WARS: We'll be collecting your change for The ROCK Grounded Program. Look for the jar at each location and just drop in your pocket change. The location with the most \$\$\$ at the end of January wins "It's YOUR Move"!



Watch the game board at your student's location!

If you haven't received your game card, call or email The ROCK C4YD to receive yours now!

ATTENTION JEFFERSON MS PARENTS: Tuesday, December 13 The ROCK Grounded after school program will be **CLOSED**.

If you need afterschool care, The ROCK Underground at The Greater Midland Community Center will be available from 2:30-6:00 pm. For more information, call 989-835-2542.

Thank you for a Phenomenal 2016!

Join us as we look forward to the upcoming year and growing our programs and adding new ones!

Check out our website at www.therock4yd.org to find out how you can be involved with The ROCK and our amazing plans for 2017!

There's a place for you!



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 Office located at The Greater Midland Community Center

GET INVOLVED

Volunteers are critical to The ROCK.

We welcome volunteers with a wide range of skills and interests and we have opportunities for both adult volunteers and youth volunteers. If you want to volunteer your time and talent where you can make a difference in the community, visit our website under "Give" and fill out an application, or email kylie@therockc4yd.org.



GEMS

Girls Experiencing Mentoring

WHO: Middle & High School Girls

WHERE: ROCK Homework Room, GMCC basement

WHEN: Tuesdays 4:00-5:00pm

Come hang out with a group of awesome girls as we do fun projects, talk about relevant issues, and support each other through those crazy teen years!



HOMEWORK HELP

WHO: Teens

WHERE: Grounded Locations

WHEN: Everyday Afterschool

PRICE: FREE

Students can join The ROCK tutors afterschool to get help with homework!

Parents and teachers, email rock4ydhomeworkhelp@gmail.com with the name and location of your student if you'd like to contact our tutors!

ROCKit

This month, The ROCK Center for Youth Development is introducing ROCKit, an ongoing program that will spark teens' interest in science, technology, engineering, and math – the subjects collectively known as STEM.

ROCKit is an informal and fun continued learning opportunity for all youth. It will give students the chance to take what they have learned in the classroom and apply it in fun and creative ways after the school day ends.

Three main categories of opportunities will take place during the Grounded after-school program and the summer, exposing kids to a variety of experiences, activities, and events that will activate their interest in science, technology, engineering, and math.



Launchpads

Kids explore theme-based journeys at the Grounded after-school and summer program that will launch their interest in STEM topics, careers, and role models – available as fun and interactive recurring sessions.

Fueling Stations

Kids fuel their curiosity at the Grounded after-school program by freely exploring hands-on STEM projects, independently at their own pace or in groups.

Payloads

Kids at the Grounded after-school program are immersed in highly engaging activities delivered by STEM-centric individuals and organizations from the community.

Upcoming ROCKit Events

CPI Fluid Engineering (Midland) will be visiting all Grounded after-school locations with two fun, slimy, and oily projects that will explore fluid "viscosity" and mixtures.



Underground @ GMCC -- Tuesday, December 13th
Jefferson Middle School -- Wednesday, December 14th
Northeast Middle School -- Thursday, December 15th

Candy Chromatography Art

Learn about the different dyes in Skittles and M&Ms while making a creative piece of art. This *Fueling Station Activity* available during regular afterschool hours. Check the ROCKit website or The ROCK Facebook page for dates.

Archimedes Screw Pump Race

Teams will assemble and use a historically famous invention to quickly transfer water from one location to another. This *Fueling Station Activity* available during regular afterschool hours. Check the ROCKit website or The ROCK Facebook page for dates.

ROCKit! ACTIVITIES DURING WINTER BREAK BLITZ

Ultimate Coder: Game Design*

In Game Design, students learn basic video game coding concepts by making different types of games using Scratch and Google CS First.

Wednesday, December 28th from 8:30am – 1:00pm

Intro to 3D Printing*

Students will learn how different styles of 3D printers work by decorating cookies. It'll be more challenging than they think! They will also see a 3D printer in action and create their own design to take home. (**3D prints will be available for pickup at GMCC 2-3 days after the class.)

Thursday, December 29th from 8:30am – 1:00pm

*Intention to participate MUST be checked on the registration form for Winter Break Blitz. Pre-registration is due to The ROCK office by December 23, 2016.

For more information Contact Ben at vista@therock4yd.org or (989) 835-2542.



DECEMBER 28 & 29 * 8:00AM-6:00PM

At The ROCK Underground (Downstairs in the GREATER MIDLAND COMMUNITY CENTER)
MIDDLE & HIGH SCHOOL STUDENTS

\$15/DAY includes breakfast, lunch and snacks and ROCKit activities

GET READY FOR THE 2016 WINTER BREAK BLITZ!

SWIMMING, ROCK CLIMBING WALL, SPORTS, GAMES,

MAKING HOLIDAY COOKIES, MOVIES AND MORE!

IF WE HAVE SNOW, BRING YOUR WINTER GEAR.

PRE REGISTRATION REQUIRED BY 12/23/2016 CALL 989.835.2542 OR EMAIL LACEY@THEROCKC4YD.ORG

WE WISH YOU A
HAPPY
HOLIDAY
SEASON
AND
Lasting Happiness

TYLER'S JOKE OF THE MONTH

What has more lives than a cat?

A frog. It croaks every night.



Winter Break Blitz

WHO: Middle & High School Students

WHERE: ROCK Underground (GMCC)

WHEN: Wed., & Thurs., Dec. 28 & 29

TIME: 8:00am-6:00pm

PRICE: \$15.00 per day

Pre-Registration is required.

Forms available at www.therock4yd.org



Sledding at City Forest

WHO: Middle & High School Students

WHERE: Midland City Forest

WHEN: Friday, February 10, 2017

TIME: 6:00-9:00pm

PRICE: \$8.00

Permission Slip required.

Forms available at www.therock4yd.org



Lock In

WHO: Teens

WHERE: GMCC

WHEN: January 21, 2017

TIME: 10:00pm

PRICE: \$10.00

We'll pull an all-nighter swimming, playing games, watching movies, dancing, eating, and so much more!

Pre-Registration is required.

Forms available at www.therock4yd.org



LEAD

Leadership Exploration and Development

WHO: High School students

WHERE: ROCK Homework Room, (GMCC basement)

WHEN: Thursdays 3:30-4:30pm

Develop skills, gain opportunities, plan events and parties, & apply your leadership abilities!

Email Tyler@therock4yd.org for more information

STAFF CONNECTIONS

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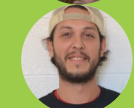
Team leads have their phones on them at all times during the program and check emails frequently. Feel free to contact them with any questions or concerns, or just to let them know you are on your way.



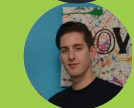
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